

Bike MS 150 Bay to Bay Bike Tour

Safety Quiz

Revised 10/6/16

1. While participating in the Bike MS 150 Bay to Bay tour you are encouraged to do which of the following?
 - A. Ride two abreast in Camp Pendleton
 - B. Roll through stop signs and red lights
 - C. Wear headphones or ear buds
 - D. None of the above (all are unsafe)

2. Prior to heading out on a ride you should always check your _____'s?
 - A. CDS (Crank, Derailleur, Saddle)
 - B. CBS (Chain/Crank/Cassette, Brakes, Saddle)
 - C. ABC (Air, Brakes, Chain/Crank/Cassette)
 - D. DGA (Derailleur, Grips, Air)

3. When approaching slower riders in a bike lane, the safest way to pass is to?
 - A. Swing wide into traffic lanes and pass as quickly as possible
 - B. Wait for an opening and pass on the right by carefully riding in the gutter
 - C. Overlap wheels with the rider in front of you until they speed up or pull over
 - D. Call out "on your left", look over your shoulder for riders and traffic approaching from behind, and pass efficiently before moving back into the bike lane

4. Always ride as far right as safe to allow faster riders to pass on your left without forcing them into the traffic lane. True or False

5. The lead rider in a pack of cyclists is responsible for which of the following?
 - A. Calling out upcoming stops and turns
 - B. Pointing out road obstacles and hazards
 - C. Setting a safe pace based on speed limits and road conditions
 - D. All of the above

6. Cyclists must yield to pedestrians during the ride. True or False

7. Volunteer Ride Safety Marshals on the route are there to help encourage safe riding, assist with flats and minor repairs, and call for medical or SAG support if needed. True or False

8. What should you carry with you when riding?
 - A. Spare tubes
 - B. Copy of Health Insurance card
 - C. Picture ID
 - D. Inflation device (CO2 or hand pump)
 - E. All the above

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9. While participating in the Bike MS 150 Bay to Bay tour you are encouraged to do which of the following?
- E. Ride two abreast in Camp Pendleton
 - F. Roll through stop signs and red lights
 - G. Wear headphones or ear buds
 - H. None of the above (all are unsafe)
10. Prior to heading out on a ride you should always check your _____'s?
- E. CDS (Crank, Derailleur, Saddle)
 - F. CBS (Chain/Crank/Cassette, Brakes, Saddle)
 - G. ABC (Air, Brakes, Chain/Crank/Cassette)
 - H. DGA (Derailleur, Grips, Air)
11. When approaching slower riders in a bike lane, the safest way to pass is to?
- E. Swing wide into traffic lanes and pass as quickly as possible
 - F. Wait for an opening and pass on the right by carefully riding in the gutter
 - G. Overlap wheels with the rider in front of you until they speed up or pull over
 - H. Call out "on your left", look over your shoulder for riders and traffic approaching from behind, and pass efficiently before moving back into the bike lane
12. Always ride as far right as safe to allow faster riders to pass on your left without forcing them into the traffic lane. True or False
13. The lead rider in a pack of cyclists is responsible for which of the following?
- E. Calling out upcoming stops and turns
 - F. Pointing out road obstacles and hazards
 - G. Setting a safe pace based on speed limits and road conditions
 - H. All of the above
14. Cyclists must yield to pedestrians during the ride. True or False
15. Volunteer Ride Safety Marshals on the route are there to help encourage safe riding, assist with flats and minor repairs, and call for medical or SAG support if needed. True or False
16. What should you carry with you when riding?
- F. Spare tubes
 - G. Copy of Health Insurance card
 - H. Picture ID
 - I. Inflation device (CO2 or hand pump)
 - J. All the above